

COURTYARD NATURAL HEALTH

THERAPY	TREATMENT COST	PRACTITIONER
Acupuncture	Initial Consultation (2hrs) £85 Treatment (1hr) £55	Linda Dowler
Allergy Testing	£95 Full Test - £55 Retest	Carolyn da Silva
Bamboo Massage	£75 (75mins)	Suzie Howe
The Bowen Technique	£60 (approx 1 hour)	Esther Lewis-Smith
Cancer Touch Therapy	£75 (90 mins) - £55 (60 mins) - £45 (45mins)	Amy D'Arcy
Integrative Counselling Children/Adults	£50 for 50mins	Samantha Swallow
Deep Tissue Massage	£70 (1hr) - £65 (45 mins) - £55 (30 mins)	Belinda Mayne
Holistic Massage	£45 (45mins) - £55 (1hr) - £75 (1.5hrs)	Suzie Howe
Holistic Facials	£60 (1hr) - Honey/Cucumber £75 (90mins) - Rose or Amethyst	Suzie Howe
Homeopathy	Fees: First appointment (1hr) £60 Follow up appt (30-45mins) £50 Children: First appointment £50 Follow up appt £40 Family appointments: £85 (1 adult, up to 2 children) Acute Consultations: £25 for a 15 min appointment inc. remedies First Aid Courses are available on request	Amanda Matthews
Hopi Ear Candling	£32	Linda Dowler
Solution Focused Hypnotherapy	£65 (1hr)	Tamsin Denbigh
Indian Head Massage	£45 (45mins)	Suzie Howe
Lymph Drainage Massage	£100 (100 mins) - £60 (45 mins)	Amy D'Arcy
Life Coaching	1st Session Free/£70 per session	Lynn Whittaker
McTimoney Chiropractic	Initial Assessment & 1st treatment £70 Follow-on treatments £60	Katya Wainwright
Mum to Be/Post Natal Massage	£65 (75mins)	Suzie Howe
Nutrition	£110 1st visit / Follow on appts £50	Suzie Howe
Psychotherapy	£60 per session for individuals £70 per session for couples	Brendan Ring
Reflexology	£55	Suzie Howe
Sports Massage	£70 (1hr) - £65 (45 mins) - £55 (30 mins)	Belinda Mayne
Soft Tissue Massage	£70 (1hr) - £65 (45 mins) - £55 (30 mins)	Belinda Mayne
Shiatsu	£60 (1hr)	Rob Livesy
Stone Therapy Massage	£75 (75mins)	Suzie Howe
Therapeutic/Aromatherapy Massage	£45 (45 mins) - £55 (1hr) - £75 (1.5hrs)	Suzie Howe
Touch Therapy for Menopause/Peri	£75 - 90 mins / £50 - 45 mins	Amy D'Arcy
Trauma Therapy	£65 (1hr)	Tamsin Denbigh